## **Bathe It All In Prayer**

1 Thessalonians 5:16-18 (NIV) Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

### **REFLECTION**

I was at Bible Study. We met weekly. We usually spent an hour or more in prayer. Tonight we were praying for Paul. He had been overwhelmingly burdened with life. One of the gals prayed, "Lord, lift the burden off his shoulders." Paul worked second shift. I was sleeping when he got home. The next morning he asked, "Were you gals praying for me last night?" "Yes, why". "I was driving homes and all of a sudden I felt this burden just lift from my shoulders." He moved his hands up from his shoulders to demonstrate what he had felt. Amazing. What he had felt was exactly what Sue had prayed for him.

#### **BIBLICAL EVIDENCE**

| God's Word gives us instruction to pray   |                  |                        |                   |
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| Romans 12:11-12 gives us good instruction in prayer. NI   |                  |                        | ıs to be          |
| 1Peter 4:7 tells us to be alert and sober   | minded so we car | າ                      | ·                 |
| Colossians 4:2 says we should   | c                | ourselves to prayer.   |                   |
| In 1 Timothy 2:8 we are instructed that   | m                | nan (person) is to pra | у.                |
| The thing we are to do for problems in we should  |                  |                        | . If we are happy |
| God assures us in His Word that He hea  | rs our prayers.  |                        |                   |
| In Psalm 6:9 God ai   | d                | David's prayer.        |                   |
| Psalm 65:2 tells us God   | prayers          |                        |                   |
| Let's look at the prophet Elijah. James you and me. God heard his pray and st story in 1King chapters 17-18.                |                  |                        |                   |
| 1Peter 3:12 tells us God is   |                  | _ to our prayers.      |                   |
| 1John 5:14-15 tells us we can be confid and 2 He us what we   |                  | 1. That God            | us                |
| As always, Jesus is the example we show<br>Luke 22:44, Matthew 26:36, Mark 6:46.<br>Jesus needed to pray, I know I need to! | -                | =                      |                   |

| Jesus taught us how to pray. Look at Matthew 6:5-13. In verses 9-13 He gives us The Our Father. Breaking down this prayer is a study in itself. We won't do that in depth now but   |           |
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| will look at several things Jesus tells us about prayer. First, in verse 5 He tells us not to be Vines describes a hypocrite as a stage actor. Instead we are   | e a       |
| pray to The Father in We should notbe   |           |
| God already knows what we need. The King James Version calls babbling vain repetition.  |           |
| Luke 18: 1-8 is the story of the bad judge. Verses 6-8 tells us God will answer us  |           |
| He does not needs constant badgering to do what is right.   |           |
| Look again at 1 John 5:14-15. The second point is that Godus what ask of Him.   | we        |
| Jesus tells us in John 16:23-24 that The Father will give us we as in name.   | sk for    |
| Philippians 4:6 tells us that we should pray in situation.  |           |
| Ephesians 6:18 tells us to pray on occasions.   |           |
| Sparrows are very small and yet Mathew 10:29-31 assures us that God cares about them. 31 tells us we are than them to God.  | Verse     |
| We read in Psalm 37:23 (NLT) that God cares for detail of our lives.  |           |
| EVERY situation and ALL occasions leaves nothing out! There is no situation or problem to small to bother God with. And we know there is no problem too big for Him. In the reflect this week notice that Paul's problems were overwhelming to him but in the scheme of the world you could consider them menial. However, God heard the exact words that were p for him and did just what was requested. | tion<br>e |
| In Ephesians 6:18 and Jude 20-21 we are instructed to pray  |           |
| Romans 8:26-27 gives reasons why we should pray in the Spirit. Verse 26 tells us the Spir in our weakness. He for us w  |           |
| we don't know what to pray. Verse 27 says He intercede according to   |           |
| Paul gives us some very specific prayers in his Epistles. Look up each one of these. They a great prayers to pray for our self and our loved ones. Ephesians 1:15-23, Ephesians 3:14-Colossians 1:9-14 and Philippians 1:9-11.  |           |

## **KEY THOUGHT**

Ask once in Jesus' name, then give thanks for answered prayer in all circumstances.

# **APPLICATION**

| What is a concerning situation in your life right now?  |  |  |  |  |
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| Have you taken it to God in prayer?  If not, why not?   |  |  |  |  |
| If you have talked to God about it, have you left it with Him or have you taken it back?  |  |  |  |  |
| Repent of that.   |  |  |  |  |
| Take it to God in prayer  |  |  |  |  |
| Now write a thank-you to God for answering your pray  |  |  |  |  |
| Remember to thank Him for His answer each time this comes up even if you have not yet seen the answer. Believe you have received!   |  |  |  |  |
| Make a prayer list. Remember, NOTHING is too small for God.  1)   |  |  |  |  |
| Feel free to add more as you need to. God never says, "oh, that's enough". Again, remember to thank Him often for answering your prayer.  |  |  |  |  |
| We talked about praying in the Spirit in the chapter, Dwell Daily with God. Are you praying in the Spirit on a regular basis? What is keeping you from doing this?  |  |  |  |  |
| Now would be a good time to get in the habit of praying in tongues daily. Start with 15 minutes of speaking in tongues. At first it may feel foolish. (Remember, Satan is telling you how "foolish" this is and oh what a waste of time!) Make up your mind to do it anyway. Eventually |  |  |  |  |

you will be comfortable with and confident in this way of praying.

| We also looked at some specific things God wants us to pray about; Israel, workers for God's |
|--|
| kingdom, other Christians. Choose one and add this concern to your prayer list. Which one do |
| you choose?  |

| +-emorize. Which one do you choose?<br>name or the name of the person you are praying | Personalize it by putting your g for in every time Paul says you. |
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